

Mabank Junior High Girls Athletics player/ parent agreement:

**Coaches:**

- Always treat others with RESPECT
- Be clear with expectations of others on and off the court
- Motivate, educate and encourage athletes and staff
- Embrace the time we have with one another
- Respond promptly to parents concerns/emails (within 24 hours)
- Model good sportsmanship towards opposing players, coaches and officials

**Parents:**

- Be supportive of your daughter, coaches, and other players
- Show class and dignity in game settings towards fans, officials, and opposing players
- Allow the coach to coach
- If an issue occurs email or call the coach of your athlete and schedule a meeting. If the issue is not resolved then contact the jh coordinator. Please go through proper chain. (Coaches will not talk to parents at the games but will respond to emails at their earliest convenience)

**Athletes:**

- Be positive and supportive of your teammates
- Respect yourself, your teammates, coaches, and teachers
- Work hard daily
- Do not take items that do not belong to you
- Zero tolerance for cell phones in the locker room /classroom
- Be prompt/ on time
- Be prepared (bring proper athletic clothes and shoes)
- Playing time is earned not granted

Student Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

## ***Welcome to Mabank Junior High Athletics***

We are excited to start the 2023-2024 school year and look forward to working with your athlete. Our goal is to educate, motivate, and build self confidence in your daughter. We the coaches are going to push them to be the best that they can be while in the gym, classroom, and out in society.

### ***Requirements:***

You must have a physical to participate in the athletic period. If you do not have a physical you will not receive athletic clothes and will not be allowed to workout.

It is required that you dress out and participate in class daily. Failure to do so will result in points being deducted from your grade.

When you make a team it is required that you ride the bus with the team in order to play. After your game you can be signed out and ride home with your parents.

Cell phones are not allowed to be out in the locker room, gym, or in the classrooms.

You must wear athletic shoes during the athletic period. Vans, converse, and crocs are not athletic attire.

Jewelry is not allowed to be worn while working out. (No earrings, rings, or necklaces)

Hair must be pulled up while on the floor to workout.

Parent notes will not be accepted for a sick child. If your child is sick please do NOT send them to school. Parent notes for an injury are good for one day after that if your child needs to be seen by the district athletic trainer or a doctor.

Please use the proper chain of command. If you have any questions regarding your daughter please address that coach by email. The coach should respond within 24 hours. Please do not approach a coach at a sporting event.

Athletes are responsible to maintain a 70 or higher in all their classes to participate in any UIL sporting event.

***We look forward to having a great school year. Thanks for your support!***