

Mabank Junior High Boys Athletics player/ parent agreement:

**Coaches:**

- Always treat others with RESPECT
- Be clear with expectations of others on and off the court
- Motivate, educate and encourage athletes and staff
- Embrace the time we have with one another
- Respond promptly to parents concerns/emails (within 24 hours)
- Model good sportsmanship towards opposing players, coaches and officials

**Parents:**

- Be supportive of your child, coaches, and other players
- Show class and dignity in game settings towards fans, officials, and opposing players
- Allow the coach to coach
- If an issue occurs email or call the coach of your athlete and schedule a meeting. If the issue is not resolved then contact the jh coordinator. Please go through the proper chain. (Coaches will not talk to parents at the games but will respond to emails at their earliest convenience)

**Athletes:**

- Be positive and supportive of your teammates
- Respect yourself, your teammates, coaches, and teachers
- Work hard daily
- Do not take items that do not belong to you
- Zero tolerance for cell phones in the locker room / classroom
- Be prompt / on time
- Be prepared (bring proper athletic clothes and shoes)
- Playing time is earned not granted

Student Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

## ***Welcome to Mabank Junior High Athletics***

We are excited to start the 2023-2024 school year and look forward to working with your athlete. Our goal is to educate, motivate, and build self confidence in your child. We the coaches are going to push them to be the best that they can be while in the gym, classroom, and out in society.

### **Requirements:**

You must have a physical to participate in the athletic period. If you do not have a physical you will not receive athletic clothes and will not be allowed to workout. If you do not have your physical within the first two weeks of the school year, you will be removed from athletics.

### **Grades:**

Your child will be graded in athletics in 4 key areas (*Behavior, Participation, Responsibility, Locker*). Everyday they will start out with 20 points “100 points a week”  
*Each of the following is worth 5 points a day.*

#### **Behavior**

This is in and out of athletics. Are you following all the school rules? (Write ups, tardies, being disrespectful to a teacher or Coach, leaving a mess on the bus or in the stands during away games)

#### **Participation**

Putting forth the required effort for workouts. Not skipping reps, following directions, and showing up for practice. Communicating with us if they are unable to show up for practice.

#### **Responsibility**

Dressing out, keeping up with their assigned clothes, and having a pair of shoes to workout in everyday. Communicating with us if they are unable to show up for practice.

#### **Locker**

Maintaining their locker and equipment. Nothing in the bottom of their locker but shoes or cleats, keeping their locker clean, and putting their clothes on their clip everyday to be washed.

When you make a team it is required that you ride the bus with the team in order to play. After your game you can get signed out and ride home with your parents.

Cell phones are not allowed to be out in the locker room, gym, or in the classrooms.

**You must wear athletic shoes during the athletic period. Vans, converse, and crocs are not athletic attire.**

Jewelry is not allowed to be worn while working out or at competitions. (No earrings, rings, or necklaces)

**Parent notes will not be accepted for a sick child. If your child is sick please do NOT send them to school.**

**Parent notes for an injury will not be accepted. Your child will need to be seen by the district athletic trainer or a doctor.**

If your child is injured they need to see the trainer first. Then they must show up for treatment everyday. Failure to show up for treatment will result in a **zero** for that day.

Please use the proper chain of command. If you have any questions regarding your child please address that coach by email. The coach should respond within 24 hours. Please do not approach a coach at a sporting event. Communication is very important. Your child will be required to join our [sportsYou](#) page. This is how we will communicate with you and your child about practices, camps, games and other important information.

***We look forward to having a great school year. Thank you for your support!***