



# Counseling & Mental Health Services

**Cluster Overview:** Preparing individuals for employment in career pathways that relate to families and human needs.

**Career Goal (O\*NET Code):** Counselor, Mental Health (21-1014), Marriage and Family Therapist (21-1013), Rehabilitation (21-1015), Substance Abuse & Behavioral Disorder (21-1011).

**Student Name:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**School:** \_\_\_\_\_

## SUGGESTED COURSEWORK

## EXTENDED LEARNING EXPERIENCES

Middle School	8th	<b>HS Courses:</b>	Touch Systems Data Entry		<p><b>Curricular Experiences:</b>  <a href="#">Family, Career and Community Leaders of America</a></p> <p><b>Career Learning Experiences:</b>            Career Preparation            Internship            Job Shadowing</p>	<p><b>Extracurricular Experiences:</b>            Language Immersion Programs            Peer Mediation            School Newspaper            Student Government            UIL Academic Competitions            Yearbook</p> <p><b>Service Learning Experiences:</b>            Community Service Volunteer            FACTS            Families First            Peer Tutoring / Peer Mentoring            STOP the Violence            Summer-Camp Counselor</p>
	9th	<b>Core Courses:</b>	English I Algebra I or Geometry Biology	World Geography Languages other than English I Physical Education		
<b>Career-Related Electives:</b>		Child Development				
10th	<b>Core Courses:</b>	English II Geometry or Alg II Chemistry	World History Languages other than English II			
	<b>Career-Related Electives:</b>	Business Information Management I				
11th	<b>Core Courses:</b>	English III Algebra II, Pre-Cal, or Math Models Physics or Princ of Technology	United States History Professional Communications			
	<b>Career-Related Electives:</b>	Psychology or Medical Terminology or Languages other than English III				
12th	<b>Core Courses:</b>	English IV Alg III, Pre-Calculus, or AP Calculus Anatomy & Physiology	Government/Economics Fine Arts			
	<b>Career-Related Electives:</b>	Psychology or Medical Terminology or Languages other than English IV				
Postsecondary	On-the-Job Training	Community Youth Services Aide NOTE: These experiences may be started and/or completed as part of the high school experience.	Personal/Home Care Aide Preschool Aide/Worker	Recreation Aide Social Worker Aide	<p><b>COLLEGE CREDIT OPPORTUNITIES -- High School</b></p> <p>Students should take Advanced Placement (AP), International Baccalaureate (IB), dual credit, Advanced Technical Credit (ATC), or locally articulated courses (Tech Prep), if possible. List those courses that count for college credit on your campus.</p> <p><b>Professional Associations:</b>  <a href="#">American Mental Health Counselors Association</a>  <a href="#">American Public Human Services Association</a>  <a href="#">National Association of Social Workers</a>  <a href="#">Texas Association for Marriage &amp; Family Therapy</a>  <a href="#">Texas Counseling Association</a>  <a href="#">Texas Psychological Association</a></p>	
	Certificates	Microsoft Office Specialist NOTE: Students may earn all or part of these certificates as part of the high school experience.	OSHA CareerSafe			
	Associate Degrees	<a href="#">Behavioral Science</a> <a href="#">Human Services</a>	<a href="#">Individual &amp; Family Development Studies</a> <a href="#">Mental Health Services</a>	<a href="#">Psychology</a> <a href="#">Social Science Studies</a> <a href="#">Substance Abuse Counseling</a>		
Bachelor Degrees	Child Psychology Developmental Psychology Health & Wellness Promotion	Human Development & Family Studies Psychology	Rehabilitation Services- Addictions Studies Youth & Community Studies	<p><b>Career Options:</b>            Addiction Counselor Trainee            Group Worker/Assistant</p> <p><b>Career Options:</b>            Adult Educator            Counseling Aide</p>	<p>Personal/Home Care Aide            Social Services Aide</p> <p>Rehabilitation Aide            Social Service Worker            Volunteer Coordinator</p>	
Graduate Degrees	Allied Health Sciences- Clinical Gerontology Child Psychology	Counseling Psychology Developmental Psychology Family Ministry	Family Psychology Marriage & Family Therapy/Counseling	<p><b>Career Options:</b>            Addiction Counselor            Behavioral Disorder Counselor</p> <p>Family Counselor            Gerontology Counselor            Marriage &amp; Family Therapist</p>		

Students may select other elective courses for personal enrichment purposes.

This plan of study serves as a guide, along with other career planning materials, for pursuing a career path and is based on the most recent information as of 2009. All plans meet high school graduation requirements as well as college entrance requirements.