

Mabank ISD Elementary School February 2012 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Sticks W/ Gravy Mashed Potato Black Eyed Peas Peach Cup Wheat Roll Choice of Ice Cold Milk	2 Spaghetti & Meat Sauce Steamed Corn Tossed Salad Mixed Fruit Garlic Bread Stick Choice of Ice Cold Milk	3 Grilled Chicken Sandwich Baked Tots Burger Salad Pine Apple Tidbits Choice of Ice Cold Milk
6 Steak Finger's Gravy Mashed Potato Green Beans Peach Cup Texas Toast Choice of Ice Cold Milk	7 Soft Beef Taco's Refried Beans Lettuce and Tomato ½ Banana Choice of Ice Cold Milk	8 Pepperoni Pizza Golden Corn Tossed Salad Diced Pears Choice of Ice Cold Milk	9 Baked Fish Nuggets Cole Slaw Baked Beans Apple Slices Choice of Ice Cold Milk	10 BBQ Rib Sandwich Baked Fry's Black Eyed Peas Mandarin Oranges Choice of Ice Cold Milk
13 Chicken Rings W/ Gravy Mashed Potato Mixed Vegetables Peach Cup Texas Toast Choice of Ice Cold Milk	14 Mac & Cheese w/ Ham Green Peas Cauliflower Sliced Apples Choice of Ice Cold Milk	15 Mini Corn Dogs Pinto Beans Broccoli Pine Apple Tidbits Choice of Ice Cold Milk	16 Ham and Cheese Sandwich Baked Lay's Burger Salad Strawberry Or Peach Cup Choice of Ice Cold Milk	NO SCHOOL
NO SCHOOL	21 Chicken Tenders Mashed Potatoes Green Beans Mandarin Oranges Warm Biscuit Choice of Ice Cold Milk	22 Baked Ravioli Steamed Corn Tossed Salad Mixed Fruit Garlic Toast Choice of Ice Cold Milk	23 Chicken Crispito Pinto Beans Mexican Rice Sliced Peaches Choice of Ice Cold Milk	24 Cheese Burger Baked Tots Burger Salad Apple Sauce Choice of Ice Cold Milk
27 Salisbury Steak Brown Gravy Mashed Potatoes Green Peas Mandarin Oranges Wheat Roll Choice of Ice Cold Milk	28 Chicken Spaghetti Carrots Pinto Beans Pears with Gelatin Garlic Bread Choice of Ice Cold Milk	29 Pepperoni Pizza Golden Corn Tossed Salad Pine Apple Tidbits Choice of Ice Cold Milk		

Choice of Milk, Chef Salads, Wraps, & Sandwiches Offered Daily **Menus are subject to change.**



An asterisk(*) denotes components of Balanced Choices meals that meet strict nutrient parameters for calories, fat, saturated fat, cholesterol, fiber, sodium, and other key nutrients. All Balanced Choices meals include a choice of 1% white milk.



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