

Mabank ISD Child Development February 2012 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Scrambled Eggs Warm Biscuit Assorted Fruit Juice Whole Milk	2 Assorted Cereal Texas Toast Assorted Fruit Juice Whole Milk	3 Sausage & Biscuit Assorted Fruit Juice Whole Milk
6 Breakfast Bar Texas Toast Assorted Fruit Juice Whole Milk	7 Assorted Cereal Texas Toast Assorted Fruit Juice Whole Milk	8 Waffle Sticks with Apple Sauce Assorted Fruit Juice Whole Milk	9 Assorted Cereal Texas Toast Assorted Fruit Juice Whole Milk	10 Breakfast Burrito Assorted Fruit Juice Whole Milk
13 Sausage & Biscuit Assorted Fruit Juice Whole Milk	14 Assorted Cereal Texas Toast Assorted Fruit Juice Whole Milk	15 Hot Ham and Cheese Sandwich Assorted Fruit Juice Whole Milk	16 Assorted Cereal Texas Toast Assorted Fruit Juice Whole Milk	17 NO SCHOOL
20 NO SCHOOL	21 Assorted Cereal Texas Toast Assorted Fruit Juice Whole Milk	22 Breakfast Bar Texas Toast Assorted Fruit Juice Whole Milk	23 Assorted Cereal Texas Toast Assorted Fruit Juice Whole Milk	24 Biscuit with Gravy Sausage Patty Assorted Fruit Juice Whole Milk
27 Breakfast Pizza Assorted Fruit Juice Whole Milk	28 Assorted Cereal Texas Toast Assorted Fruit Juice Whole Milk	29 Sausage Omelet Biscuit Assorted Fruit Juice Whole Milk		

Choice of Milk Offered Daily

Good for Kids; Good for Parents!

For parents with busy morning schedules, it's sometimes difficult to ensure that kids are eating a healthy breakfast before they head off to school. Children often aren't ready to eat right after waking up, and it can be challenging to find nutritious breakfast foods they like. Some kids refuse breakfast at home and discover that they're hungry when they arrive at school. Chartwells provides a great option for parents.

As you may know, a great breakfast is offered for all students at school. Studies have proven that kids who eat breakfast achieve higher academic scores, are more alert in class, visit the school nurse less often, and are better behaved in school. If morning meals are difficult for your family, let Chartwells help you out!

