

# Mabank ISD All School February 2012 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Scrambled Eggs Warm Biscuit Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>2</b> Oat Meal Texas Toast Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>3</b> Sausage & Biscuit or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk
<b>6</b> Pig in a Blanket Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>7</b> Scrambled Eggs Texas Toast Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>8</b> Breakfast Bar Biscuit Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>9</b> Waffle Sticks Syrup or Apple Sauce Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>10</b> Breakfast Burrito Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk
<b>13</b> Sausage & Pancake on a Stick Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>14</b> Oat Meal Texas Toast Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>15</b> Hot Ham and Cheese Sandwich Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>16</b> Scrambled Eggs Texas Toast Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>17</b>  <b>NO SCHOOL</b>
<b>20</b>  <b>NO SCHOOL</b>	<b>21</b> Breakfast Bar Texas Toast Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>22</b> Sausage & Biscuit Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>23</b> Breakfast Burrito Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>24</b> Biscuit with Gravy Sausage Patty Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk
<b>27</b> Breakfast Pizza Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>28</b> French Toast Sticks Syrup or Apple Sauce Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk	<b>29</b> Sausage Omelet Biscuit Or Assorted Cereal Texas Toast  Assorted Fruit Juice Choice of Ice Cold Milk		

**Choice of Milk Offered Daily**

**Good for Kids; Good for Parents!**

*For parents with busy morning schedules, it's sometimes difficult to ensure that kids are eating a healthy breakfast before they head off to school. Children often aren't ready to eat right after waking up, and it can be challenging to find nutritious breakfast foods they like. Some kids refuse breakfast at home and discover that they're hungry when they arrive at school. Chartwells provides a great option for parents.*

*As you may know, a great breakfast is offered for all students at school. Studies have proven that kids who eat breakfast achieve higher academic scores, are more alert in class, visit the school nurse less often, and are better behaved in school. If morning meals are difficult for your family, let Chartwells help you out!*

